

Name: _____ Date: ____ / ____ / ____

Reading Strategies

Before reading a text, remember:

Strategy	What does it mean?
Look at the image	Observe visual clues
Read the title	Predict the topic
Find cognates	Look for words similar to Portuguese
Be careful with false cognates	Similar words can have different meanings
Skimming	Read to understand the main idea
Scanning	Read to find specific information

1 - Read the image and the text below. Then answer the questions.



Are Teenagers Spending Too Much Time Online?

Many teenagers spend a lot of time on social media platforms such as TikTok, Instagram and YouTube. These platforms offer information, entertainment and communication. Students use them to watch videos, talk to friends and learn new things.

Actually, many students use social media every day. Some students spend several hours online after school. This can affect concentration, motivation and academic performance.

Parents and teachers are sometimes worried about this situation. They believe that students should have a balance between online and offline activities. However, experts do not say that teenagers should stop using technology.

Many schools create projects about healthy digital habits. Some students go to the school library to study. Others visit local colleges and educational centers. Experts believe that students can eventually develop better habits. However, some students pretend to study while they are using social media.

1 - False Cognate Alert

Match the words to their correct meanings.

Word	Meaning
Actually	() Faculdade(s)
Parents	() Na verdade
Library	() Pais
Colleges	() Finalmente
Eventually	() Biblioteca
Pretend	() Fingir

2 - Cognate Detective

Find and circle 4 cognates in the text and translate it.

Cognate	Portuguese
_____	_____
_____	_____
_____	_____
_____	_____

3 - Word Hunt

Find in the text:

3 words related to school

2 words related to technology

2 words related to communication

4 - The image and the text discuss the use of technology in teenagers' daily lives. Considering both elements, the main idea is that:

- a) teenagers use technology mainly for educational purposes.
- b) technology is completely harmful to students.
- c) digital technologies are part of teenagers' daily lives and may influence their habits.
- d) schools are replacing traditional learning with social media.

5 - In the second paragraph, the author states: "Actually, many students use social media every day." The word actually is used to:

- A) talk about something that happens nowadays.
- B) add information that supports the author's point.
- C) compare students from different schools.
- D) expressing uncertainty about students' digital habits.

6 - The concern presented by parents, teachers and experts is mainly related to:

- a) the existence of social media platforms.
- b) the excessive amount of time spent online.
- c) the lack of educational content on the internet.
- d) the replacement of books by technology.

7 - The recommendation made by experts can be summarized as:

- a) avoiding social media completely.
- b) reducing all forms of technology use.
- c) developing healthier ways of using technology.
- d) replacing online activities with physical activities.